

Calendar of Rutherford County Wellness Council & Related Events: January 2009 – June 2009

BLUE = Board Meetings

RED = RCCOA Membership Meetings

GREEN = Outside Events

Date of Meeting	Time of Meeting	Location of Meeting	Type of Meeting	Notes
January 23, 2009 Friday	12:00 pm – 1:00 pm	St. Clair Senior Center	RCCOA Membership Meeting Speaker: Brenda Bryant Topic: Loan Workout	Brown Bag Lunch (Drinks provided) (Dues payable as of January 1 st)
February 20, 2009 Friday	11:00 am – 12:00 pm	St. Clair Senior Center	RCCOA Board Meeting	
February 20, 2009 Friday	12:00 pm – 1:00 pm	St. Clair Senior Center	RCCOA Membership Meeting Topic: Open Forum on Senior Issues	Brown Bag Lunch (Drinks provided) (Dues payable as of January 1 st)
March 20, 2009 Friday	12:00 pm – 1:00 pm	St. Clair Senior Center	RCCOA Membership Meeting Speaker: TBA Topic: Assisted Living, New Regulations for Changes in Home & Community Based Services	Brown Bag Lunch (Drinks provided) (Dues payable as of January 1 st)
April 17, 2009 Friday	12:00 pm – 1:00 pm	St. Clair Senior Center	RCCOA Membership Meeting Speaker: TBA Topic: Health	Brown Bag Lunch (Drinks provided) (Dues payable as of January 1 st)
April 17, 2009 Friday	7:30 am – 3:30 pm	St. Clair Senior Center	15th Annual Dynamics of Caregiving Keynote Speaker: Dr. J. Eric Gentry Topic: "Emotional Components of Caregiving"	Registration \$50 (\$15 students) and includes lunch & breaks. Information & registration: Elberta Dyer 848-2550 or Linda League 898-5950
May 15, 2009 Friday	11:00 am – 12:00 pm	St. Clair Senior Center	RCCOA Board Meeting	
May 15, 2009 Friday	12:00 pm – 1:00 pm	St. Clair Senior Center	RCCOA Membership Meeting Speaker: TBA Topic: Education for Adult Learners	Brown Bag Lunch (Drinks provided) (Dues payable as of January 1 st)
June 19, 2009 Friday	12:00 pm – 1:00 pm	St. Clair Senior Center	RCCOA Membership Meeting Speaker: TBA Topic: Senior Tourism (Travel & Tips)	Brown Bag Lunch (Drinks provided) (Dues payable as of January 1 st)
July, 2009	NO MEETING		NO-RCCOA Meeting	Happy July 4th